Physical attractiveness is the degree to which a person's physical features are considered aesthetically pleasing or ... There are many factors which influence one person's attraction to another, with physical aspects being one of them.

The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care that you entertain no notions unsuitable to virtue and reasonable nature. Happiness is when your life fulfills your needs. In other words, happiness comes when you feel satisfied and fulfilled. ... that life is just as it should be. Perfect happiness, enlightenment, comes when you have all of your needs satisfied.

Self-perceived quality-of-life scale - Infogalactic: the... The self-perceived quality-of-life scale is a psychological assessment instrument which is based on a comprehensive ... of life (SPQL) and provides a multi-faceted measurement of health-related and non-health-related aspects of well-being. T

What constitutes happiness? Self-perceived quality of life... The scale has robust psychometric properties. The results of the research revealed the underlying, hierarchical structure ... excellent guide for understanding what constitutes and influences happiness, and could help a reader live life happier.

The Psychology, Theory, and Science of Happiness (+ 16... Empirical studies conducted on what constitutes happiness have found which factors as being very important ingredients ... or satisfaction with life. Objective well-being. Physical and economic indicators to evaluate people's quality of life.

What is happiness? - ZME Science "Happiness" is used as a shorthand for a constellation of emotional and mental states. At its simplest, it refers to feelings of contentment or joy. The most expansive use of the word touches upon...